



# International School Meals Day 2017

Food, Culture, and Heritage

9th March

FOOD  
THAT REFLECTS  
YOU!



Share your food stories  
and be part of a global event...

Photos

What meals do you like to eat  
with your family?

Songs

What festivals, ceremonies and  
celebrations are you involved in  
where food plays an important role?

Videos

Stories

Blogs

Recipes

Vines

Do you know a  
family recipe that has  
been passed down  
through generations?

Poems

Send your entries to:

[ismd@childreninscotland.org.uk](mailto:ismd@childreninscotland.org.uk)

Or share them at:

[#ISMD2017](https://twitter.com/ISMD2017)

Your work will be published on:

[www.internationalschoolmealsday.com](http://www.internationalschoolmealsday.com)

# Celebrate the 5th International School Meals Day in your school on:

Thursday, 9th March 2017

[www.internationalschoolmealsday.com](http://www.internationalschoolmealsday.com)

International School Meals Day encourages children and young people around the world (with support from their teachers) to connect and talk to each other about the food they eat and the role that it plays in their lives.

## In 2017 the theme is Food, Culture and Heritage

The way that food is cultivated, prepared and consumed is an expression of culture and heritage. This year's theme provides an opportunity for pupils to express themselves through the food and associated traditions that form an important part of their identity.

In the run up to International School Meals Day we want pupils from around the world to share their food stories through whichever medium they wish.

The approach that you take to getting pupils to think about their culture and heritage and its associated food traditions is up to each individual school and classroom. However, here are some quick ideas of how ISMD can be celebrated:

- Have an International Menu Day
- Invite a local farmer in to tell you about a day on their farm
- Have food tasting sessions or other fun food activities
- Fundraising activities for charities to support school feeding programmes in developing countries
- Incorporate global citizenship and food culture into classroom learning
- Have sessions on the theme of 'food', with extracts from favourite poems and stories
- Deliver one-minute talks or videos about favourite meals and national traditions
- Design a new school garden or share pictures and stories about your school garden
- Skype – teachers and students can skype with another school around the world to share their experience of food, culture and heritage.

We will be featuring stories and pictures on the website and on Twitter so be sure and follow us on @IntSchoolMeals and use the hashtag #ISMD2017.

### Supporters of ISMD since 2013:

Association for Public Service Excellence; Association of Service Solutions in Scotland; BBC World Class; British Council; Children in Scotland; Children's Food Trust; Countryside Classroom; Education Foundation; Education Scotland; Food For Life; Global Child Nutrition Foundation; Mary's Meals; Northern Ireland School Caterers Association; No Kid Hungry (Share our Strength); Lead Authority in Education Catering; Scottish Government; Skype in the Classroom; USDA; Welsh Assembly; and World Food Programme.

**ISMD is funded by the Scottish Government and Children in Scotland.**